

# **Dursley Road Club**

## **#upthedursley**

### **Head Quarters**

Uley Cricket Club  
Uley, Dursley GL11 5BW  
Opens 8:30  
03/09/2022

### **Organiser Details:**

Russell Peace  
russellpeace@msn.com  
07584205653

### **Time Keeper Details:**

Philippa Crocker  
Mike Hallgarth

Prizes will be awarded for the following:

### **Men**

1st - £20  
2nd - £15  
3rd - £10

### **Women**

1st - £20  
2nd - £15  
3rd - £10

### **Overall**

1st Team of 3 - £10 each  
1st VET - £20  
1st U23 - £20

### **Important Information:**

This event is run for and on behalf of Cycling Time Trials under their Rules and Regulations.

Google maps link for HQ (Uley Cricket Club) - <https://goo.gl/maps/WBVwMRFbgSEvuXGy9>

### U15 - Stouts Hill - Course Description

Starts by the electrical pylon shortly after the Stouts Hill Cotswold Holiday Resort entrance.

The course lures you into a false sense of security with the flat section at the beginning.

Don't worry... your pace will rapidly decrease as you hit the 13-15% gradient.

There's a left and right hand bend before the long straight through the wooded section.

This section has a consistent 11-12% gradient so settle into a good rhythm.

Time will begin to slow as you get lost in your own world of hurt.

Your mind will begin to shut-down to cope with the pain building in your legs and lungs.

If you're still conscious near the top, you'll get to a sharp right bend followed by a sharp left bend.

If you have any energy left at this point, you didn't go hard enough.

When you get round the left hand bend, you'll see the finish line in sight.

You'll attempt to sprint to the line only to find your legs can barely support your own body weight.

The gradient eases up so you'll attempt to pick the pace up... good luck with that!

If you're lucky, this last section will go by quickly.

The finish is when you pass by the 12% gradient sign on the left hand side.

If you have any energy left, please shout your number and continue up the road.

There is plenty of space to turn around further on.

Good Luck!!

Strava Link: <https://www.strava.com/segments/922327>

PLEASE REMEMBER YOUR FRONT & REAR LIGHTS!

HELMETS ARE ALSO MANDATORY

## Start Sheet

| Number | Start Time | Firstname   | Lastname     | Club                                       | Gender | Category |
|--------|------------|-------------|--------------|--|--------|----------|
| 4      | 10:04:00   | Russell     | Peace        | Dursley Road Club                          | Male   | Senior   |
| 5      | 10:05:00   | Paul        | Jones        | Bristol South Cycling Club                 | Male   | Veteran  |
| 6      | 10:06:00   | Matt        | Burden       | 73 Degrees Bicycles, WestSide Coaching rt  | Male   | Veteran  |
| 7      | 10:07:00   | Jack        | Evans        | Gorilla Coffee Cycling Club                | Male   | Senior   |
| 8      | 10:08:00   | Thomas      | Reed         | University of Exeter Cycling Club          | Male   | Espoir   |
| 9      | 10:09:00   | Ryan        | Edwards      | University of Exeter Cycling Club          | Male   | Espoir   |
| 10     | 10:10:00   | Matthew     | Lythe        | Chepstow Cycling Club                      | Male   | Veteran  |
| 11     | 10:11:00   | Joe         | Lund         | Bath Cycling Club                          | Male   | Veteran  |
| 12     | 10:12:00   | Denny       | Stevens      | Stroud Valley Velos                        | Male   | Veteran  |
| 13     | 10:13:00   | Chris       | Balodis      | Stroud Valley Velos                        | Male   | Veteran  |
| 14     | 10:14:00   | Mark        | Halls        | Bristol South Cycling Club                 | Male   | Senior   |
| 15     | 10:15:00   | Gary        | Clarke       | Dursley Road Club                          | Male   | Veteran  |
| 16     | 10:16:00   | Ian         | Cole         | Bristol CX                                 | Male   | Veteran  |
| 17     | 10:17:00   | Tom         | Knight       | Woodmancote Wheelers Cycle Club            | Male   | Senior   |
| 18     | 10:18:00   | Christopher | Britten      | Sodbury Cycle Sport                        | Male   | Veteran  |
| 19     | 10:19:00   | Ed          | Jarvis       | Dursley Road Club                          | Male   | Senior   |
| 20     | 10:20:00   | Kevin       | Bowen        | Bath Cycling Club                          | Male   | Veteran  |
| 21     | 10:21:00   | Matt        | Reynolds     | Sodbury Cycle Sport                        | Male   | Veteran  |
| 22     | 10:22:00   | Mike        | Hill         | Dursley Road Club                          | Male   | Veteran  |
| 23     | 10:23:00   | Cameron     | Graley       | Bristol South Cycling Club                 | Male   | Senior   |
| 24     | 10:24:00   | Alistair    | Hardy        | Cheltenham & County Cycling Club           | Male   | Veteran  |
| 25     | 10:25:00   | Dan         | Letherbarrow | Cheltenham & County Cycling Club           | Male   | Senior   |
| 26     | 10:26:00   | Ben         | Mitchell     | Cheltenham & County Cycling Club           | Male   | Senior   |
| 27     | 10:27:00   | Sophie      | Rotheram     | University of Birmingham Cycling Club      | Female | Espoir   |
| 28     | 10:28:00   | Matthew     | Skeats       | University of Bristol Cycling Club (UOBCC) | Male   | Senior   |
| 29     | 10:29:00   | Naomi       | Aylwin       | Bristol South Cycling Club                 | Female | Senior   |
| 30     | 10:30:00   | John        | O'Dwyer      | Dursley Road Club                          | Male   | Veteran  |
| 31     | 10:31:00   | Emily Kate  | Walton       | Bristol South Cycling Club                 | Female | Senior   |
| 32     | 10:32:00   | Paolo       | Coppo        | Rugby Velo                                 | Male   | Veteran  |
| 33     | 10:33:00   | Josie       | Harcourt     | Avid Sport                                 | Female | Senior   |
| 34     | 10:34:00   | George      | David        | Sodbury Cycle Sport                        | Male   | Espoir   |
| 35     | 10:35:00   | Rosie       | Wayland      | FTP RC                                     | Female | Senior   |
| 36     | 10:36:00   | Harry       | Chamberlain  | Bynea Cycling Club                         | Male   | Senior   |
| 37     | 10:37:00   | Illi        | Gardner      | Wahoo Endurance Zone p/b Le Col            | Female | Senior   |
| 38     | 10:38:00   | James       | Pearce       | Solihull CC                                | Male   | Senior   |
| 39     | 10:39:00   | Karl        | Norris       | 360VRT                                     | Male   | Veteran  |
| 40     | 10:40:00   | Richard     | Burt         | Dursley Road Club                          | Male   | Veteran  |
| 41     | 10:41:00   | Danny       | Lake         | 360VRT                                     | Male   | Veteran  |
| 42     | 10:42:00   | Steve       | Thomas       | Bristol Road Club                          | Male   | Veteran  |
| 43     | 10:43:00   | Harvey      | Thomas       | Bristol Road Club                          | Male   | Junior   |
| 44     | 10:44:00   | Leon        | Wright       | Race Hub                                   | Male   | Veteran  |
| 45     | 10:45:00   | Glyndwr     | Griffiths    | 73 Degrees Bicycles, WestSide Coaching rt  | Male   | Veteran  |
| 46     | 10:46:00   | Josh        | Coyne        | Bpm Coaching                               | Male   | Senior   |
| 47     | 10:47:00   | Ellis       | Pullinger    | Rugby Velo                                 | Male   | Senior   |
| 48     | 10:48:00   | Alex        | Raynard      | Velo Bavarian                              | Male   | Espoir   |
| 49     | 10:49:00   | Morgan      | Curle        | Rogue Racing                               | Male   | Espoir   |
| 50     | 10:50:00   | Adam        | Kenway       | Team Brother UK                            | Male   | Senior   |